



Your next step begins with Access

USE AND CARE INSTRUCTIONS FOR RIGID REMOVABLE DRESSINGS

A Rigid Removable Dressing, RRD, is a protective dressing ordered by your doctor to protect your limb following surgery. It is made to be worn at all times for a number of weeks until it has been determined by your physician that it is no longer necessary. The device is made to use over your limb and a number of prosthetic socks. This is important to allow for daily removal of socks during dressing changes. This way, you will always have a clean sock with dressing changes and the other socks can be laundered and ready for future use. Socks can be washed by hand or in the washing machine but must be dried on low heat to avoid shrinking.

The RRD or cast may be removed periodically for therapy and or dressing changes. The cast is made in such a way that it makes it difficult and uncomfortable to bend your knee. This encourages knee extension and the prevention of flexion contractures.

If you are experiencing increasing pain while wearing the device, please remove it immediately and notify hospital/nursing home personnel and your prosthetist.

It is important to note that in many cases following the application of the RRD, there is a reduction in the size of your limb. At that time the RRD may begin to feel loose, so it is important to add a prosthetic sock to make up for the loss in limb volume.

*If you have questions or concerns, please [contact our office](tel:920-471-1451) at 920-471-1451 or after hours at **920-680-0271***

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