



Your next step begins with Access

PROSTHETIC USE AND CARE INSTRUCTION – INITIAL PROSTHETIC FITTING

Below is a list of guidelines to follow now that you have been fit with your prosthesis:

1. Make sure to comply with the wearing schedule provided to you by your prosthetist. Usually, new prosthetic users should not wear the device more than a few hours at a time to make sure there are no issues with the fit of the device.
2. If you feel increasing pain or discomfort, discontinue use of the device, check your skin for any areas of irritation, and [contact us](#) to schedule a follow-up appointment.
3. It is normal for your limb to change shape during the course of the day as you use your prosthesis. Therefore it is imperative that you add or subtract prosthetic socks to account for this changing volume. Usually your limb starts out the largest in the morning and as the day goes on, you will need to add a small number of sock ply to maintain a proper fit in the socket.
4. Proper suspension of the prosthesis is as important as proper sock ply so be sure your liner is donned properly and the suspension sleeve or belt is fastened correctly before using your prosthetic device. *Feel free to [contact us](#) with questions as they arise.*
- 5. If you hear any noises such as creaking or cracking, stop using the device and contact us immediately.**

Initial Wear Schedule:

_____ hours per day Initial sock ply _____

Access Prosthetics
2020 Riverside Drive, 3rd Floor
Green Bay, WI 54301

Phone: 920.471.1451
Fax: 920.569.2939
Mobile: 920.680.0271

E-mail: accessprosthetics@yahoo.com
Web: accessprosthetics.com